

April 1, 2000

Dear GNLD family,

As most of you know, on December 25, 1999, I turned 85 years of age. I am in very good health thanks to GNLD products and the Scientific Advisory Board who developed them. I have given a good deal of thought to the future and the interests I would like to pursue.

I've come to the conclusion that it's time to retire from being an active member of the Scientific Advisory Board. This decision comes only after much thought and personal soul searching. I have a few books, scientific papers and reviews in my head; my goal now is to write them.

There is no question that I will miss all of you — my GNLD family. GNLD has permitted me to keep up with the best of science in the food supplement field, and given me the honor to work with Jerry and Bob Brassfield, men of the highest degree of integrity. Everyone at GNLD has been supportive and given me encouragement to dream. The results, as you know, are the finest products available anywhere. Again, my fellow Scientific Advisory Board members deserve full credit. It will be difficult to leave the enlightened, far-seeing directions given by the Vice President of Science & Technology, International, Mr. John Miller. His day-to-day leadership is inspiring.

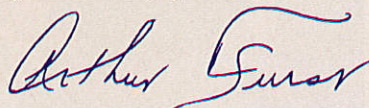
I leave with confidence that GNLD will continue to produce products that will be "state-of-the-art," based in nature and backed by science. Products that work! I know the Scientific Advisory Board will follow its mandate for the "best in science" and will keep GNLD in the vanguard of new knowledge.

I leave with your understanding that our superb supplements are the result of GNLD's exceptional technical skill in transforming a concept to a practical product. I know the GNLD products and marketing plan will continue their tradition as the world's leader. I leave somewhat sad, for I will miss all of you. However, I am not retiring to an isolated cave!

I must say, I'm proud of all of you! Many of you have built great businesses, and are outstanding GNLD distributors. Many of you are on the road to becoming successful distributors. And all of you are helping to improve the health of the world. You are making a positive difference in people's lives!

I will always believe that a healthy body leads to a healthy mind, which in turn leads to healthy thoughts. This can be the most important factor to break the barriers of prejudice, racism and hatred. It will eventually lead all of us to work toward a prosperous world with true peace.

Though I now say good-bye, I will always keep you in my heart.



Arthur Furst, Ph.D., Sc.D., D.A.T.S.
Founding Member Emeritus, GNLD Scientific Advisory Board



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